# Unique fibrosis progression and regression features in NAFLD, validation of concept in animal and human studies using artificial intelligence analyses (DP-AI)

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## INTRODUCTION

Natural history of fibrosis regression in nonalcoholic fatty liver disease (NAFLD) is not well understood and **is assumed to be a simple reversal process of the fibrosis progression**. Current fibrosis assessment relies on an ordinal staging system which reflects **static assessment** of collagen burden and its distribution. A relatively large reduction in collagen burden and distribution is needed to be reflected in a full stage change.

Hypothesis: Machine learned quantification of collagen fibrillar properties, mean septal width and cellularity of septae can:

- 1. Capture changes in fibrosis stage with fidelity
- 2. Detect both fibrosis progression and regression even when the ordinal fibrosis stage does not change

### METHODS AND AIM

Aim: Correlation of conventional versus SHG-based fibrosis assessment by using SHG imaging of unstained tissue sections to provide visual mapping of collagen burden and distribution, as well as measurement of quantifiable collagen fibrillar properties.

In the animal study, mice were fed chow diet (normal) or a high fat diet with adlib sugar water administration as described before<sup>1</sup> for varying periods up to 48 weeks. Regression studies were done at an early time point (8 weeks, chow diet-normal water (NW) and after 48 weeks) with mice euthanized 4 weeks after diet reversal.



Illustration of the different regions in a liver biopsy "Peri" region is defined as 100 µm from either the portal tract (PT) or central vein (CV)

Figure 2. Collagen changes in different regions in animal studies.



- Data in **Figure 2** shows a **concordance** of collagen area with conventional fibrosis staging system.
- But the zonal analysis of these changes in collagen area suggest that fibrosis regression is not a simple reversal of fibrosis progression
- A decrease in the Zone 2 collagen area was observed in fibrosis regression. Conversely however, there was no increase in Zone 2 fibrosis during progression.

To better understand the pathobiology of progression and regression, deeper examination into the individual collagen parameters is required to show how SHG-related fibrosis parameters correlate with conventional fibrosis stages for both  $\geq 1$  stage fibrosis progression/regression by CRN system.



RESULTS

Table 1 demonstrates the systematic approach in which we uncover collagen parameters that track either fibrosis progression or regression only; or in a bi-directional manner. These parameters can have a positive or negative correlation. Table 2 provides an example of some of these collagen parameters.

It is possible that at the parameter level, fibrosis evaluation is **more sensitive to change**, and we demonstrate this in **Figure 3** below.

Figure 3. Changes in collagen fibrillar properties, septal thickness and cellularity in animal cases.



- · Further validation of the collagen parameters were conducted using DIAMOND animal models.
- We observed **concordant changes with septal area, septal width and cellularity** which track with progression on a high fat diet, and regression induced by reversal to chow diet.
- Future studies will include evaluation of these SHG-derived parameters versus biomarkers of fibrogenesis and progression to cirrhosis.

able 2. Example of some of these parameters. Green der ositive correlation and red denotes negative correlation.		
Bi-directional parameters	Progression only	Regression only
Percentage of total collagen at portal tract	Number of short strings at portal tract region	Length of all strings at portal tract region
region Number of strings at portal	Number of distributed strings at portal tract	Width of strings at portal tract region
tract region Number of long strings at portal tract region	region Number of short and distributed strings at portal	Number of long and distributed strings at zone 2 region
Number of thick strings at portal tract region	tract region Width of distributed strings at portal tract region	Percentage of total collagen at central vein region
Number of strings at peri- central region	Number of strings at zone	Number of thin and
Number of short strings at peri-central region	Number of short strings at zone 2 region Number of short and aggregated strings at zone 2 region Number of thick and aggregated strings at zone 2 region	egging of an angle and a central vein region Length of aggregated strings at central vein region Number of long and distributed strings at central vein region Width of distributed strings
Number of thick strings at peri-central region		
Number of thin strings at central vein region		
Length of all strings at central vein region		
		at central vein region

Quantitative image analysis of SHG/TPE generated images of unstained liver sections allow measurements of collagen fibrillar properties, septal thickness and cellularity. Similar observations have been

**CONCLUSIONS** 

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seen in human studies as well. By applying DP-AI in a systematic evaluation, parameters associated with fibrosis progression and regression were able to reveal greater granularity in capturing fibrosis changes.

We believe that SHG-derived fibrosis parameters are more reflective of the dynamic nature of fibrosis in NASH than conventional static staging systems.

### DISCLOSURES

Arun J. Sanyal discloses the following financial relationship(s) with a commercial interest: <u>Ownership interests</u>: Sanyal Bio, Durect, Tiziana, Genfit, Exhalenz <u>Consultant</u>: Gilead, Intercept, Novartis, Novo Nordisk, Inventiva, Merck, Pfizer, Boehringer Ingelhiem, Bristol Myers Squibb, Eli Lilly, Genentech, Amgen, Alnylam, Regeneron, Thera Technologies, Madrigal, Salix, Malinckrodt, Gatehouse, Rivus, Siemens, Lipocine <u>Grant support to school</u>: Gilead, Intercept, Novartis, Novo Nordisk, Inventiva, Eli Lilly, Genentech, Boehringer Ingelhiem, Bristol Myers Squibb

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